



SAINT JOHN'S
EPISCOPAL CHURCH

The Third Sunday in Lent
23 March 2025

Choral Evensong, Rite One
5:30 p.m.

Ministers of the Service

Fr. David Bumsted
Officiant

Zachary Malavolti
Choirmaster

Hank Carrillo
Organist

Sam Krall
Cantor

Order of Service

Organ Voluntary

Salix from Plymouth Suite

Percy Whitlock (1903-1946)

The congregation stands as the Procession begins.

The Officiant begins with a sentence from the scriptures.

If we say we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

I John 1:8, 9

Confession of Sin

The Officiant says to the people

Dear friends in Christ, here in the presence of Almighty God, let us kneel in silence, and with penitent and obedient hearts confess our sins, so that we may obtain forgiveness by his infinite goodness and mercy.

Officiant and People together, all kneeling

Almighty and most merciful Father,
we have erred and strayed from thy ways like lost sheep,
we have followed too much the devices and desires of our
own hearts,
we have offended against thy holy laws,
we have left undone those things which we ought to
have done,
and we have done those things which we ought not to
have done.

But thou, O Lord, have mercy upon us,
spare thou those who confess their faults,
restore thou those who are penitent,
according to thy promises declared unto mankind
in Christ Jesus our Lord;
and grant, O most merciful Father, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of thy holy Name. Amen.

The Priest alone stands and says

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. *Amen.*

Please stand for

Preces

Adam Pajan (b. 1986)

Cantor

O Lord, open thou our lips.

Choir

And our mouth shall show forth thy praise.

Cantor

O God, make speed to save us.

Choir

O Lord, make haste to help us.

Glory to the Father, and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be,
world without end. Amen.

Cantor

Praise ye the Lord.

Choir

The Lord's name be praised.

Invitatory Hymn

1. O gra - cious Light, pure brightness of the everliving Father in
hea - ven, O Jesus Christ, ho - ly and bless - ed! 2. Now as we come
to the setting of the sun, and our eyes behold the ves - per light,
we sing thy praises, O God: Father, Son, and Ho - ly Spi - rit.
3. Thou art worthy at all times to be praised by happy voic - es, O Son of God,
O Giv - er of Life, and to be glo - ri - fied through all the worlds.

Setting: Victor Judson Schramm (1944-1984)

Please be seated.

Psalm 34

Chant in E-flat

Plainchant



*First sung by Cantor and then Choir
Congregation may join at the second verse.*

- 1 I will always give thanks unto the **Lord**; * his praise shall ev-er be **in** my mouth.
- 2 My soul shall make her boast in the **Lord**; * the humble shall hear there-of, and **be** glad.
- 3 O praise the Lord with **me**, * and let us magnify his **Name** to-**geth**-er.
- 4 I sought the Lord, and he **heard** me; * yea, he delivered me **out** of **all** my fear.
- 5 They had an eye unto him, and were **light**-ened; * and their fa-**ces** were **not** ashamed.
- 6 Lo, the poor crieth, and the Lord **hear**-eth him; * yea, and saveth him out of **all** his **trou**-bles.
- 7 The angel of the Lord tarrieth round about them that **fear** him, * and **de**-li-**v**'reth them.
- 8 O taste, and see, how gracious the **Lord** is: * blessed is the man that **trus**-teth **in** him.
- 9 O fear the Lord, ye that are his **saints**; * for they that fear **him** lack **no**-thing.
- 10 The lions do lack, and suffer **hun**-ger; * but they who seek the Lord shall want no manner of **thing** that **is** good.
- 11 Come, ye children, and hearken unto **me**; * I will teach you the **fear** of **the** Lord.
- 12 What man is he that lusteth to **live**, * and would **fain** see **good** days?
- 13 Keep thy tongue from **ev**-il, * and thy lips, **that** they **speak** no guile.
- 14 Eschew evil, and do **good**; * seek **peace**, and **en**-sue it.
- 15 The eyes of the Lord are over the **right**-teous, * and his ears are open **un**-to **their** prayers.
- 16 The countenance of the Lord is against them that do **ev**-il, * to root out the remembrance of **them** from **the** earth.

17 The righteous cry, and the Lord **hear**-eth them, * and delivereth them out of **all** their **trou-**
bles.

18 The Lord is nigh unto them that are of a contrite **heart**, * and will save such as be of an
hum-ble spir-it.

19 Great are the troubles of the **righ-teous**; * but the Lord delivereth **him** out **of** all.

20 He keepeth all his **bones**, * so that not one of **them** is **bro-ken**.

21 But misfortune shall slay the un-**god-ly**; * and they that hate the righteous **shall** be **des-**
olate.

22 The Lord delivereth the souls of his **ser-vants**; * and all they that put their trust in him shall
not be **des-titute**.

Glory be to the Father, and to the **Son**, *
and **to** the **Ho-ly** Ghost:

As it was in the beginning, is now, and ever shall **be**; *
world **with-out end**. Amen.

The First Lesson 1 Corinthians 6:12-20

Reader A lesson from the first letter of Paul to the Corinthians.

“All things are lawful for me,” but not all things are helpful. “All things are lawful for me,” but I will not be enslaved by anything. “Food is meant for the stomach and the stomach for food”—and God will destroy both one and the other. The body is not meant for immorality, but for the Lord, and the Lord for the body. And God raised the Lord and will also raise us up by his power. Do you not know that your bodies are members of Christ? Shall I therefore take the members of Christ and make them members of a prostitute? Never! Do you not know that he who joins himself to a prostitute becomes one body with her? For, as it is written, “The two shall become one flesh.” But he who is united to the Lord becomes one spirit with him. Shun immorality. Every other sin which a man commits is outside the body; but the immoral man sins against his own body. Do you not know that your body is a temple of the Holy Spirit within you, which you have from God? You are not your own; you were bought with a price. So glorify God in your body.

Reader Here endeth the lesson.

The congregation remains seated during the canticles.

Magnificat

Canticles in B minor

Herbert Howells (1892-1983)

My soul doth magnify the Lord. And my spirit hath rejoiced in God my Saviour. For he hath regarded the lowliness of his handmaiden: For behold, from henceforth all generations shall call me blessed. For he that is mighty hath magnified me: and holy is his Name. And his mercy is on them that fear him: throughout all generations. He hath shewed strength with his arm: he hath scattered the proud in the imagination of their hearts. He hath put down the mighty from their seat: and hath exalted the humble and meek. He hath filled the hungry with good things: and the rich he hath sent empty away. He remembering his mercy hath holpen his servant Israel: as he promised to our forefathers, Abraham and his seed for ever. Glory be to the Father, and to the Son: and to the Holy Ghost; as it was in the beginning, is now, and ever shall be: world without end. Amen. *Luke 1:46-55*

The Second Lesson

Mark 5:1-20

Reader A lesson from the Gospel according to Mark.

They came to the other side of the sea, to the country of the Ger'asenes. And when he had come out of the boat, there met him out of the tombs a man with an unclean spirit, who lived among the tombs; and no one could bind him any more, even with a chain; for he had often been bound with fetters and chains, but the chains he wrenched apart, and the fetters he broke in pieces; and no one had the strength to subdue him. Night and day among the tombs and on the mountains he was always crying out, and bruising himself with stones. And when he saw Jesus from afar, he ran and worshiped him; and crying out with a loud voice, he said, "What have you to do with me, Jesus, Son of the Most High God? I adjure you by God, do not torment me." For he had said to him, "Come out of the man, you unclean spirit!" And Jesus asked him, "What is your name?" He replied, "My name is Legion; for we are many." And he begged him eagerly not to send them out of the country. Now a great herd of swine was feeding there on the hillside; and they begged him, "Send us to the swine, let us enter them." So he gave them leave. And the unclean spirits came out, and entered the swine; and the herd, numbering about two thousand, rushed down the steep bank into the sea, and were drowned in the sea. The herdsmen fled, and told it in the city and in the country. And people came to see what it was that had happened. And they came to Jesus, and saw the demoniac sitting there, clothed and in his right mind, the man who had had the legion; and they were afraid. And those who had seen it told what had happened to the demoniac and to the swine. And they began to beg Jesus to depart from their neighborhood. And as he was getting into the boat, the man who had been possessed with demons begged him that he might be with him. But he refused, and said to him, "Go home to your friends, and tell them how much the Lord has done for you, and how he has had mercy on you." And he went away and began to proclaim in the Decap'olis how much Jesus had done for him; and all men marveled.

Reader Here endeth the lesson.

Lord, now lettest thou thy servant depart in peace according to thy word. For mine eyes have seen thy salvation, which thou hast prepared before the face of all people; to be a light to lighten the Gentiles and to be the glory of thy people Israel. Glory be to the Father, and to the Son: and to the Holy Ghost; as it was in the beginning, is now, and ever shall be: world without end. Amen. *Luke 2:29-32*

Please stand for

The Apostles' Creed

Sung by all, monotone

I believe in God, the Father almighty,
maker of heaven and earth;
And in Jesus Christ his only Son our Lord;
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell.
The third day he rose again from the dead.
He ascended into heaven,
and sitteth on the right hand of God the Father almighty.
From thence he shall come to judge the quick and the dead.
I believe in the Holy Ghost,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Responses

Adam Pajan

Cantor The Lord be with you.
Choir And with thy spirit.
Cantor Let us pray.
Choir Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

The Lord's Prayer *Sung by all, monotone*

Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
 for ever and ever. Amen.

Responses

Adam Pajan

<i>Cantor</i>	O Lord, show thy mercy upon us.
<i>Choir</i>	And grant us thy salvation.
<i>Cantor</i>	O God, save the state.
<i>Choir</i>	And mercifully hear us when we call upon thee.
<i>Cantor</i>	Endue thy ministers with righteousness.
<i>Choir</i>	And make thy chosen people joyful.
<i>Cantor</i>	O Lord, save thy people.
<i>Choir</i>	And bless thine inheritance.
<i>Cantor</i>	Give peace in our time, O Lord.
<i>Choir</i>	Because there is none other that fighteth for us, but only thou, O God.
<i>Cantor</i>	O God, make clean our hearts within us.
<i>Choir</i>	And take not thy Holy Spirit from us.

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. Amen.

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Savior Jesus Christ. Amen.

O God and Father of all, whom the whole heavens adore: Let the whole earth also worship thee, all nations obey thee, all tongues confess and bless thee, and men and women everywhere love thee and serve thee in peace; through Jesus Christ our Lord. Amen.

Please be seated for

Anthem

Thou knowest, Lord

Henry Purcell (1659-1695)

Thou knowest, Lord, the secrets of our hearts;
Shut not thy merciful ears unto our pray'rs;
But spare us, Lord most holy, O God most mighty.
O holy and most merciful Saviour,
Thou most worthy Judge eternal,
Suffer us not at our last hour,
For any pains of death to fall away from Thee.

Text: Funeral Sentences from the 1662 Book of Common Prayer

Please kneel for

The General Thanksgiving

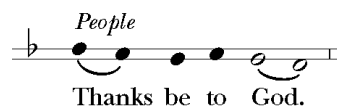
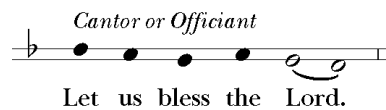
Officiant and People

Almighty God, Father of all mercies,
we thine unworthy servants
do give thee most humble and hearty thanks
for all thy goodness and loving-kindness
to us and to all men.
We bless thee for our creation, preservation,
and all the blessings of this life;
but above all for thine inestimable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we beseech thee,
give us that due sense of all thy mercies,
that our hearts may be unfeignedly thankful;
and that we show forth thy praise,
not only with our lips, but in our lives,
by giving up our selves to thy service,
and by walking before thee
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with thee and the Holy Ghost,
be all honor and glory, world without end. Amen.

A Prayer of St. Chrysostom

The Officiant prays

Almighty God, who hast given us grace at this time with one accord to make our common supplication unto thee; and hast promised through thy well-beloved Son that when two or three are gathered together in his Name thou wilt be in the midst of them: Fulfill now, O Lord, the desires and petitions of thy servants as may be best for us; granting us in this world knowledge of thy truth, and in the world to come life everlasting. *Amen.*



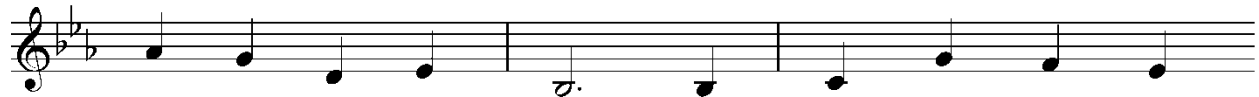
The Officiant says

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. *Amen.*

Please stand for
Hymn 653



1 Dear Lord and Fa - ther of man - kind, for -
2 In sim - ple trust like theirs who heard, be -
3 O Sab - bath rest by Gal - i - lee! O
4 Drop thy still dews of qui - et - ness, till
5 Breathe through the heats of our de - sire thy



1 give our fool - ish ways! Re - clothe us in our
2 side the Syr - ian sea, the gra - cious call - ing
3 calm of hills a - bove, where Je - sus knelt to
4 all our striv - ings cease; take from our souls the
5 cool - ness and thy balm; let sense be dumb, let



1 right - ful mind, in pur - er lives thy ser - vice find, in
2 of the Lord, let us, like them, with - out a word, rise
3 share with thee the si - lence of e - ter - ni - ty in -
4 strain and stress, and let our or - dered lives con - fess the
5 flesh re - tire; speak through the earth - quake, wind, and fire, O



1 deep - er rev - erence, praise, in deep - er rev - erence, praise.
2 up and fol - low thee, rise up and fol - low thee.
3 ter - pret - ed by love! in - ter - pret - ed by love!
4 beau - ty of thy peace, the beau - ty of thy peace.
5 still, small voice of calm, O still, small voice of calm.

Words: John Greenleaf Whittier (1807-1892), alt. Music: *Repton*, Charles Hubert Hastings Parry, (1848-1918), alt.

Organ Voluntary

Andante con moto e Maestoso

Flor Peeters (1903-1986)

Please be seated for the remainder of the Postlude after the Procession.

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ANNOUNCEMENTS FOR THE WEEK OF MARCH 23, 2023

If you are visiting today, please fill out a visitor card and place it in an alms basin. Following the service, join us in the Common Room coffee, fellowship, and refreshments.

HAPPENING TODAY

The **RECTOR'S FORUM WITH DR. GARWOOD ANDERSON**

CHORAL EVENSONG AT 5:30 pm. Next week on March 30th, Chamber Choir will offer a special early music themed service featuring the music of English Renaissance composer Richard Farrant.

KEEP A HOLY LENT AT SAINT JOHN'S

We welcome Dr. Garwood Anderson to Saint John's. Dr. Anderson is the former Dean of Nashotah House Theological Seminary, where he is also Professor of New Testament.

Dr. Anderson will be with us to preach and teach on Sunday, March 23

In addition to the beauty of Lenten Sunday worship, there are lots of ways to observe a Holy Lent with the gathered saints at our beloved parish.

The Holy Rosary and Reconciliation of a Penitent: By request of the faithful, the clergy will offer Rosary prayers on Wednesday afternoons at 12:00 pm following the noon Angelus bell toll. For those who are interested in the Sacrament of Reconciliation, the clergy will be available following the Rosary. For more information, please feel free to contact the parish clergy!

Wednesday Lenten Suppers: Each Wednesday, beginning March 12, we'll begin with worship in the church at 5:30 pm. At 6 pm each week a different ministry group serves a simple supper in the Common Room

Searching the Psalter: Our Lenten program is a series of meditations on the Psalms of David. Each week, we will be invited into a different theme of how we, as the people of God in Christ, can connect with the Psalms of David. We'll start at 6:30 pm on Wednesday evenings, following our supper.

Friday Stations of the Cross: Fridays in Lent, please join us in the nave of the church at 5:30 pm for the Stations of the Cross. This ancient devotion dates to the early centuries of the Church and invites worshipers to meditate on the Sorrows of Christ.

OUTREACH March brings a new drive for the local schools, especially Edison Middle and High School. Juice boxes and fruit cups and pouches, shelf-stable milk or powdered milk is requested very often by students, ladies underwear in all sizes, hoodies, socks, and popcorn kernels and cooking oil in bulk (The counselor makes about 50 sandwich bags of popcorn each morning for snacks that are sent to different stations throughout the school.) Thank you so much for everything you contribute to make our Outreach efforts a success!

FEAST DAY ON THE LITURGICAL CALENDAR

THE ANNUNCIATION OF OUR LORD Nine months before Christmas Day, this feast commemorates the message from the angel Gabriel to the Virgin Mary that she will give birth to Jesus. On Tuesday, March 25 at 5:30 p.m. our observance will be Solemn Holy Eucharist, Rite One, with incense.

HAPPENING SOON

FISH FRY FRIDAY Friday, March 28 and Friday, April 4 beginning at 6 pm. RSVP required. If you want to attend, please call Diana or Amanda in the church office.

THE DEAD THEOLOGIANS' SOCIETY'S next meeting will be on Thursday, March 27, at 6:15 pm. The Dead Theologians Society (DTS) meets on Wednesday mornings at The Collaborative or Thursday evenings at Marshall Brewery. We are beginning a new study of the Anglican poet and theologian, George Herbert. Follow our E-News to find out which day we will be meeting, and contact Dr. Zach if you have questions.

THE SAINT JOHN'S SCHOLA CANTORUM will meet at **5:15 pm** on **Thursdays** before Evening Prayer. Our "singing school" is dedicated to praying the daily office through historic unison plainchant. All are welcome and prior musical experience is not required.

THE RECTOR'S FORUM WITH DEAN LUTHEY. The name Episcopal means having Bishops. **Our five classes beginning March 30 at 9:00 a.m. will explore the role of Bishops historically and currently.** We will look at Bishops at the end of English Reformation, during the American colonial period and after the Revolutionary War. We will then examine the current authority of Bishops at the National Church level, in the Diocese of Oklahoma and at Saint John's Church in Tulsa, including their authority in crises and how Bishops have been kept in check.

CHURCH GROUNDS TIDY UP. Doug Crews, chairman of the Grounds Committee, has set a grounds clean-up work day on **Saturday, April 5 from 9 am. to 1 pm.** Anyone is welcome to come and help.

YOUTH AND KIDS' PROGRAMS

WEDNESDAYS:

Kids' Night and Youth Group – Youth Group and Kids' Night meet from 6 pm to 7:30 pm. We will have dinner, Bible study, and games/activities.

Choristers meets Wednesdays at 5:30 p.m. This group is open to children in 2nd through 12th grade, and they will be preparing songs for Easter. If you were not part of the Choristers last semester, we would love for you to join! For more information, please contact Zach or Hank.

Family Day: Hello, wonderful families! We have free Discovery Lab tickets you can redeem for you and your family to use! We plan to have a Family Day out on March 29 at 1:00 pm, but you can always just redeem the free tickets and use them anytime. If you want to sign up to meet at the Lab March 29, or you want free tickets, please reach out to Josh Corsaro!

Easter Egg Hunt: Following the 9 am Easter Service, we will be hosting another Easter Egg Hunt! Like previous years, we will meet on the Labyrinth, separate into age groups, and go off to our egg hunt locations! If you wish to donate candy or Easter eggs toward this, please reach out to the main office or Josh.

Youth Trip: From July 6 to July 11, we are planning a youth trip to Dallas! While we are in Dallas, we will partner with Church of the Incarnation and assist them in running their children's camp: Camp Rose. This trip is for children entering 6th through 12th grade. If you wish to volunteer or sign up please join us in Powell Hall for the info meeting following the 10 am service on April 6.

REMEMBER THOSE FOR WHOM PRAYERS HAVE BEEN REQUESTED

Dr. Bob Baker
Ashley Cary
Tracy DuCharme
Terri Dunbar
Lane Edwards
Whitney Farris
Carla Gilbert
Austin Gold
Cathy Grant
Parker Lee Helmerich
Craig Jenkins
Sean Johnston
Paul Kazmierczak
Deborah Kurin
Cecilia Martin
Craig McBride
Nancy Nickel
Mindy Maguire Nix
Katherine Palmer
Lisa Peterson
Jim Rowe
Marcia Ruotsinoja
Steve Savage
Tiana Schiffli
Connie Seay
Mary Love Seay
John Shivel
David Shorten
Elaine Sweeney
Meridian Playa Waldeck
Allison Warning
Nanci Williams

Mickey Wilson
Kevin Woolard
Allison
Belinda
Bill
Bryce
Christine
Dave
Flint
Ginger
Jennifer
Kelly
Lauren
Lysbeth
Melanie
Phil
Robert
Scott
Sharon
Trace and Nicole
Vince

You can add a name to the Prayer List by
calling the church office,
(918) 742-7381

A name will be kept on the Prayer List for
up to two months.



It's easier than ever to make a donation to Saint John's. You can TEXT to give or SCAN to give. Both are fast and simple after you have provided the initial sign-up information. To donate by text from your smart phone, text the word GIVE to the number 918-205-7115 then follow the instructions. To donate by scan, hover your smart phone over the QR code to the left and follow the steps.

Saint John's Episcopal Church

Administrative Staff

The Reverend David Bumsted, *Rector*
The Reverend Dr. Carson Webb, *Priest Associate*
The Reverend Thom Crowe, *Deacon*
Debra Ainley, *Director of Operations*
Amanda Storms, *Coordinator for Parish Life*
Diana Carter, *Associate for Communications*
Josh Corsaro, *Director of Youth and Family Ministries*
David Stibbs, *Associate for Youth and Family Ministries*
Josh Westbrook, *Associate for Parish Facilities*
Mayra Duarte, *Associate for Parish Facilities*

Music Staff

Dr. Zachary Malavolti, *Director of Sacred Music*
Hank Carrillo, *Principal Organist*
Dr. Michael Bedford, *Music Director Emeritus*

Regular Service Schedule

www.sjtulsa.org

Sundays

8 am Holy Eucharist, Rite One
10 am Holy Eucharist, Rite Two
5:30 pm Choral Evensong, Rite One

Wednesdays

5:30 pm Holy Eucharist, Rite Two

Find out more about Saint John's Church at these fast Links. Hover your smartphone over the QR code of the spot you want to explore!



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